

# Wakefield District Cycle Forum

Wakefield District Cycle Forum (WDCF) is a voluntary organisation. We aim to promote and campaign for better cycling facilities for all cyclists within the Wakefield District, represent all kinds of cyclists, improve cycling infrastructure and encourage cycling throughout the district. We organise many FREE events throughout the year, including Cycle Rides, Cycle Skills Courses, Bike Doctor (bicycle safety & health checks), basic Bicycle Maintenance Classes and Information/Advice Stalls. We also organise volunteer workdays on the Wakefield District cycle network. We encourage new members to join after their first 3 rides, for a small one-off fee. WDCF helps influence local decision making and meets periodically to determine priorities and activities.

For more information about the WDCF or to join please visit our website:  
[www.cycling-wakefield.org.uk](http://www.cycling-wakefield.org.uk)

Life membership £5.00  
Including Wakefield Wheel  
& WoW cycle map

## Volunteering




Without our volunteers WDCF would not be able to provide our rides and events or be able to continue our campaigning. We need volunteers to assist us with our work, including

- Ride leaders
- Back markers for rides
- Cycle skills course staffing
- Information stall staffing
- Workdays
- Steering group meetings & activities.

Training and qualifications are not necessary but may be provided for some roles.

Even if you can only spare one or two hours a month, we would like to hear from you.

For more information email:-  
[info@cycling-wakefield.org.uk](mailto:info@cycling-wakefield.org.uk)

-  : [cycling-wakefield.org.uk](http://cycling-wakefield.org.uk)
-  : /WDCF1
-  : [info@cycling-wakefield.org.uk](mailto:info@cycling-wakefield.org.uk)



## Guided Cycle Rides & Events 2024


















Nostell



# Wakefield District Cycle Forum Guided Cycle Rides and Events 2024

March	April	May	June	July	Holiday Wednesdays
<b>No Easy Rides in Jan / Feb 2024</b>	Sat 6 Easy Thomes Park Start 10.30	Sat 4 Easy Thomes Park Start 10.30	Sat 1 Easy Thomes Park Start 10.30	Sat 6 Easy Thomes Park Start 10.30	<b>Cycle information stand Cycle Skills Course Short Guided Rides</b>
Sat 2 Easy Thomes Park Start 10.30	Sat 13 Easy Eastmoor Start 10.30 St. Swithun's CC	Sat 11 Easy Eastmoor Start 10.30 St. Swithun's CC	Sat 8 Easy Eastmoor Start 10.30 St. Swithun's CC	Sat 13 Easy Eastmoor Start 10.30 St. Swithun's CC	
Sat 9 Easy Eastmoor Start 10.30 St. Swithun's CC	Sun 14 Easy  Nostell NT Start 10:30	Sun 12 Easy  Nostell NT Start 10:30	Sun 9 Easy  Nostell NT Start 10:30	Sun 14 Easy  Nostell NT Start 10:30	July 24, 11:00-15:00  <b>Holiday Event Nostell NT</b>
Sun 10 Easy  Nostell NT Start 10:30	Sat 20 Easy Castleford Start 10:30 Queen's Mill	Sat 18 Easy Castleford Start 10:30 Queen's Mill	Sat 15 Easy Castleford Start 10:30 Queen's Mill	Sat 20 Easy Castleford Start 10:30 Queen's Mill	July 31, 11:00-15:00  <b>Holiday Event Nostell NT</b>
Sat 16 Easy Castleford Start 10:30 Queen's Mill	Sun 21 Easy Rycroft Start 10:30 Leisure Centre	Sun 19 Easy Rycroft Start 10:30 Leisure Centre	Sun 16 Easy Rycroft Start 10:30 Leisure Centre	Sun 21 Easy Rycroft Start 10:30 Leisure Centre	August 7, 11:00-15:00  <b>Holiday Event Nostell NT</b>
Sun 17 Easy Rycroft Start 10:30 Leisure Centre	Tue 23 Easy  Nostell NT Start 10:30	Sat 25 Easy Agbrigg Start 10:30 Community Centre	Sat 22 Easy Agbrigg Start 10:30 Community Centre	Tue 23 Easy  Nostell NT Start 10:30	August 14, 11:00-15:00  <b>Holiday Event Nostell NT</b>
Sat 23 Easy Agbrigg Start 10:30 Community Centre	Sat 27 Easy Agbrigg Start 10:30 Community Centre	Sun 26 Easy Pontefract Park Start 10:30 Aspire	Sun 23 Easy Pontefract Park Start 10:30 Aspire	Sat 27 Easy Agbrigg Start 10:30 Community Centre	August 21, 11:00-15:00  <b>Holiday Event Nostell NT</b>
Sun 24 Easy Pontefract Park Start 10:30 Aspire	Sun 28 Easy Pontefract Park Start 10:30 Aspire	Tue 28 Easy  Nostell NT Start 10:30	Tue 25 Easy  Nostell NT Start 10:30	Sun 28 Easy Pontefract Park Start 10:30 Aspire	August 28, 11:00-15:00  <b>Holiday Event Nostell NT</b>
Tue 26 Easy  Nostell NT Start 10:30					
<b>Get Cycling Keep Smiling</b>	<b>Interested? Please email:</b> info@cycling-wakefield.org.uk	<b>Website: -</b> www.cycling-wakefield.org.uk	<b>Facebook: /WDCF1 (Events Page)</b>	<b>Borrow a bike for one of our rides?</b> <b>Please email:</b> rides@cycling-wakefield.org.uk	<b>Read our newsletter. Available from our website every quarter</b>

August	September	October	November	December	Steady Rides
Sat 3 Easy Thornes Park Start 10.30	Sat 7 Easy Thornes Park Start 10.30	Sat 5 Easy Thornes Park Start 10.30	Sat 2 Easy Thornes Park Start 10.30	Sat 7 Easy Thornes Park Start 10.30	When we have a Ride Leader available
Sun 4 Easy–Steady Pugneys All day special WoW Event: - many rides over part /all of the route. Eventbrite booking only.	Sun 8 Easy  Nostell NT Start 10:30	Sat 12 Easy Eastmoor Start 10.30 St. Swithun's CC	Sat 9 Easy Eastmoor Start 10.30 St. Swithun's CC	Sat 14 Easy Eastmoor Start 10.30 St. Swithun's CC	1 <sup>st</sup> Saturday Steady Start 10:00 Darrington
Sat 10 Easy Eastmoor Start 10.30 St. Swithun's CC	Sat 14 Easy Eastmoor Start 10.30 St. Swithun's CC	Sun 13 Easy  Nostell NT Start 10:30	Sun 10 Easy  Nostell NT Start 10:30	Sun 8 Easy   Nostell NT <b>'Santa Ride'</b>	1 <sup>st</sup> Sunday Steady Start 10:00 WoW Book via Eventbrite. Start sites vary in 2024 .
Sun 11 Easy  Nostell NT Start 10:30	Sun 15 Easy Rycroft Start 10:30 Leisure Centre	Sat 19 Easy Castleford Start 10:30 Queen's Mill	Sat 16 Easy Castleford Start 10:30 Queen's Mill	Sun 15 Easy Rycroft Start 10:30 Leisure Centre	2 <sup>nd</sup> Saturday Steady Start 10:00 Queen's Mill
Sat 17 Easy Castleford Start 10:30 Queen's Mill	Sat 21 Easy Castleford Start 10:30 Queen's Mill	Sun 20 Easy Rycroft Start 10:30 Leisure Centre	Sun 17 Easy Rycroft Start 10:30 Leisure Centre	Sat 21 Easy  Castleford Start 10:30 Queen's Mill <b>'Santa Ride'</b>	2 <sup>nd</sup> Tuesday Steady Start 10:00 Pontefract Park
Sun 18 Easy Rycroft Start 10:30 Leisure Centre	Sun 22 Easy Pontefract Park Start 10:30 Aspire	Tue 22 Easy  Nostell NT Start 10:30	Sat 23 Easy Agbrigg Start 10:30 Community Centre	Sun 22 Easy Pontefract Park Start 10:30 Aspire	3 <sup>rd</sup> Sunday Steady Plus Start 10:00 Thornes CP
Sat 24 Easy Agbrigg Start 10:30 Community Centre	Tue 24 Easy  Nostell NT Start 10:30	Sat 26 Easy Agbrigg Start 10:30 Community Centre	Sun 24 Easy Pontefract Park Start 10:30 Aspire	Tue 24 Easy  Nostell NT Start 10:30	5 <sup>th</sup> Saturday Steady Plus Start 09:00 Nostell NT Wakefield Wheel Mar, June, Aug only
Sun 25 Easy Pontefract Park Start 10:30 Aspire	Sat 28 Easy Agbrigg Start 10:30 Community Centre	Sun 27 Easy Pontefract Park Start 10:30 Aspire	Tue 26 Easy  Nostell NT Start 10:30	Sat 28 Easy Agbrigg Start 10:30 Community Centre	
Tue 27 Easy  Nostell NT Start 10:30				Merry Christmas!! 	Get Cycling Keep Smiling
Bikes for the WoW event will be available directly through the Hub at Pugneys. Book your ride on Eventbrite.	Borrow a bike for one of our rides? Please email: rides@cycling-wakefield.org.uk	Interested? Please email: info@cycling-wakefield.org.uk	Facebook: /WDCF1 (Events Page) Website: - www.cycling-wakefield.org.uk	'Santa Rides Dress up yourself and/or your bike for these festive rides. Free hot drink & mince pies Merry Christmas!!	<b>No easy rides Jan / Feb 2025</b>

## RIDES

### There's a Ride for everyone

The rides are of varied lengths and difficulty. We will always ride at the pace to suit the least experienced rider. We use traffic free routes & some minor roads. Most rides are suited to hybrid or mountain bikes.

### Bad weather

The weather doesn't usually stop a ride. Ride leaders are always waiting at the start point so don't be put off, just dress for the weather. Where there are extreme weather warnings, rides may have to be cancelled and you should check our Facebook page for updates.

### How to book on a ride

Just come along unless it states otherwise in the ride information.

### How much does it cost?

WDCF rides are FREE.

### What to bring on a Ride

Please see ride details for specific requirements, but it is always useful to bring:

- Yourself, friends & family
- A roadworthy bike
- Suitable clothing
- A bottle of water
- We also recommend that you wear a cycle helmet.

## EVENTS

### Cycle information stand

Wakefield District Cycle Forum stand with a mix of cycle information, maps, leaflets and advice

### Cycle Skills Course

Practice your cycling skills, whatever your age. If you feel like a challenge, come along to one of our events where the cycle skills course is advertised and have a go. Bring your own bike or use one of ours.

### Short Guided Rides

Short Guided rides are led by one of our trained leaders. Bring your own bike or use one of ours (available for most rides).

### Basic Bicycle Maintenance Class

Bring your own bike and the WDCF Bike Doctor will teach you how to carry out basic bicycle maintenance tasks. Booking for this class is required. Email:- [info@cyclings-wakefield.org.uk](mailto:info@cyclings-wakefield.org.uk)

### Explore The WoW and The Wheel guided by one of our experienced Ride Leaders

Check Facebook for dates to explore these routes without needing to consult a map. <https://www.facebook.com/groups/WDCF1>

Book your place on The WoW with Eventbrite

Read our newsletter.  
Available from our website  
every quarter.

## DETAILS

### Easy Ride

Cycling at an easy-going pace, easy rides are ideal for beginners, families & those wanting to build their confidence. Duration 2-3 hours mainly off road. Distance up to 10 miles.

### Steady Ride

If you're fairly confident on your bike, steady rides are the next step up. Cycling further at a comfortable pace. Duration 3 hours. Distances up to 20 miles mainly off road.

### Steady Plus Ride

You'll need a good level of fitness and cycling experience. Duration 3-4 hours. Distances usually up to 25 miles with more on-road. Longer rides as stated on the calendar.

### The WoW

A picturesque 21 mile ride using mostly traffic-free cycle tracks.

### The Wakefield Wheel

A 38 mile challenging cycle ride using a mixture of on-road and traffic-free cycle tracks. Cycled at a steady pace.

If you're unsure which ride is for you please email:- [info@cyclings-wakefield.org.uk](mailto:info@cyclings-wakefield.org.uk) for advice.

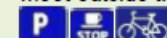


- Parking at start
- Cycle parking at start
- Café at start

## LOCATIONS

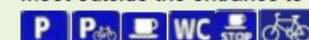
### Agbrigg Community Centre WF1 5BB

Meet outside the cafe



### Castleford, Queens Mill WF10 1JL

Meet outside the entrance to the mill building



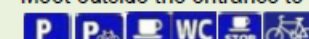
### Nostell NT, WF4 1QE

Meet in front of the house (Car park charge for non-NT members)



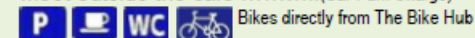
### Pontefract Park, WF8 4RA

Meet outside the entrance to Aspire LC



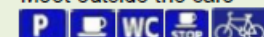
### Pugneys Country Park, WF2 7EQ

Meet outside the café .....(Car Park Charge)



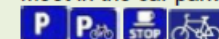
### Rycroft Leisure Centre WF4 2BB

Meet outside the cafe



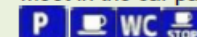
### St Swithuns Community Centre WF1 4RR

Meet in the car park



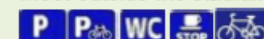
### The Darrington Hotel, WF8 3BL

Meet in the car park (Road ride)



### Thornes Park, WF2 8TY

Meet outside the stadium



- Toilets at start
- Café stop
- Loan bike available

## WDCF Loan Bikes

A limited number of WDCF bikes are available to borrow at rides and events at Agbrigg, Pontefract Park, Nostell NT, Queen's Mill, Castleford, Rycroft LC, St Swithun's CC and Thornes Park. There is no charge, but our bikes must be booked in advance by emailing :- [rides@cyclings-wakefield.org.uk](mailto:rides@cyclings-wakefield.org.uk).

Open the leaflet for a full list of rides and events