



Moor Lane
(Waymarker 3)



Blue plaque with
reference to Robin Hood
(Waymarker 4)



The Old Pack Horse Bridge
(Waymarker 7)



The Rustic Arms
(Waymarker 8)

Health Notes

Remember cycling can:

- Make you feel good
- Give you more energy
- Help you sleep better
- Help you reduce stress
- Keep your heart strong
- Reduce blood pressure
- Help manage your weight
- Improve your life expectancy

Wakefield District Cycle Rides

4 Darrington

Cycle route through the Went Villages



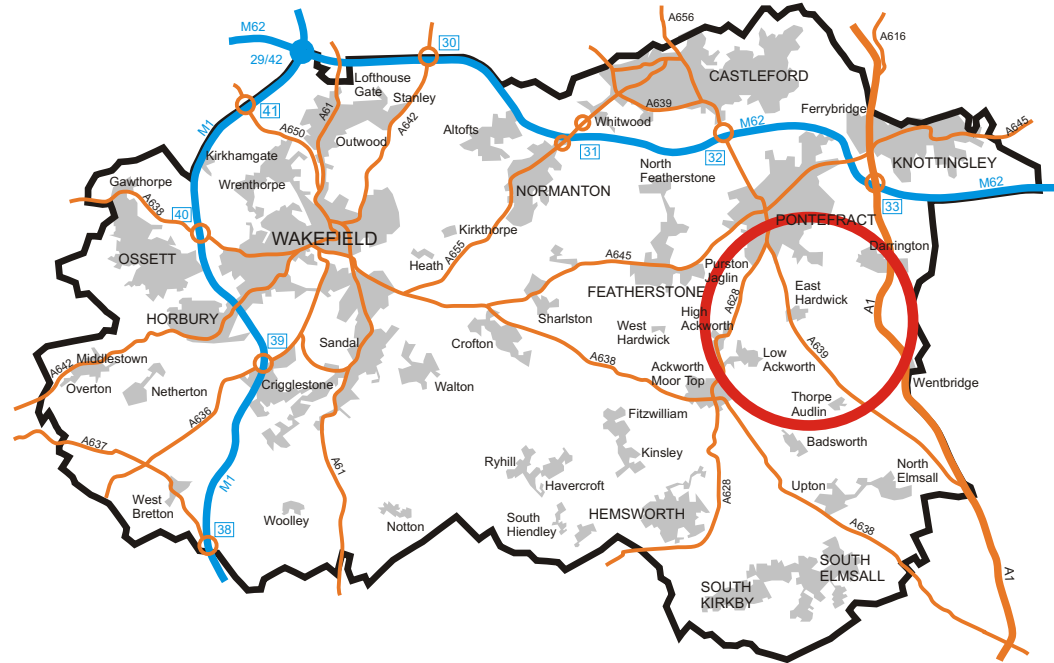
Allow 60 mins



A mainly on-road route passing through some attractive villages en route. Quite gentle gradients but fast traffic could be encountered on narrow lanes. There are plenty of attractive watering holes along the way.



11.2 km / 7.0 miles



1 Starting from the Darrington Hotel, turn left, into Escort Road and cycle towards Pontefract, passing The Spread Eagle pub on the right.

2 At the end of the village cycle straight on at the crossroads. Pass through the traffic lights. Continue towards Pontefract.

3 Turn next left into Moor Lane. (just opposite Tumbling Hill). **(Waymarker 3)** Cycle the length of Moor Lane to Wentbridge.

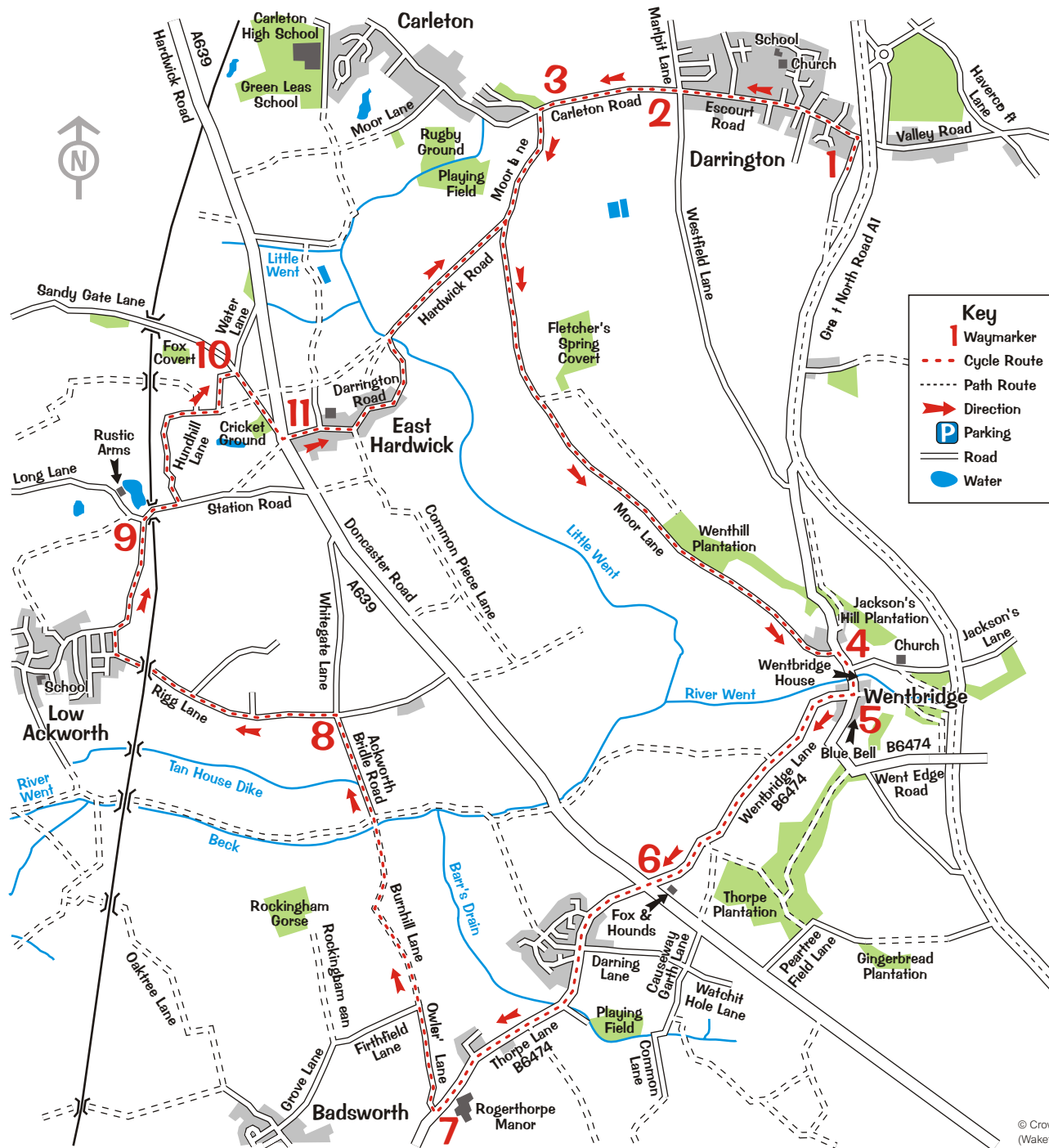
4 At the T junction turn right, past the Wentbridge House Hotel (on left) and over the Went Bridge, a handy place to stop and note the "blue plaque" with reference to Robin Hood. **(Waymarker 4)**

5 Just passed the bridge, take a right turn onto Wentbridge Lane, towards Thorpe Audlin.

Wentbridge has two watering holes, as well as the Wentbridge House Hotel a little further through the village is the supposed resting place of highway men Turpin and Nevison, The Blue Bell Inn.

6 Continue along Wentbridge Lane until you come to a major crossroads, with the Fox and Hounds on your left.

WITH CARE CROSS THE BUSY AND FAST MAIN ROAD, straight ahead into Thorpe Lane towards Badsworth.



7 Continue through the village of Thorpe Audlin until you reach Rogerthorpe Manor on your left. Look to your right and turn onto the bridleway there, which takes you towards Ackworth. This part can be quite rough and muddy in places! Continue straight on passing over the old pack horse bridge (re-crossing the River Went). **(Waymarker 7)**

8 On reaching Rigg Lane, turn left to Low Ackworth. Under a railway bridge and then on to a T junction. Turn right on Station Road towards The Rustic Arms. **(Waymarker 8)**

9 Cycle past the Rustic Arms, and round the corner, over the railway bridge. Take the next left you come to into Hundhill Lane.

10 Follow this quiet windy road until you come to a crossroads. Turn right into Sandy Gate Lane and cycle until you reach the main road at a cross roads in East Hardwick. **AGAIN CROSS THIS MAIN ROAD WITH CARE!** Going straight across into East Hardwick.

11 Cycle through East Hardwick, along Darrington Road until you reach the T-Junction with Moor Lane, where you turn left. At the next T-Junction turn right towards Darrington on Pontefract Road, continue back through Darrington Village until you come to your start point at the Darrington Hotel.